



Prayers for times of change

Light in the dark

You will need: a large sheet of black paper; brightly coloured stickers/sticky notes; pens; verse printed out as below

Display the verse: ‘When Jesus spoke again to the people, he said “I am the light of the world. Whoever follows me will never walk in darkness, but will have the light of life” (John 8:12, NIV).

Draw or write something on the stickers/sticky notes representing a situation where you or someone else may feel confused or scared. Stick them to the dark paper.

Pray for Jesus to be a light in darkness and that he will help and comfort us when we feel confused and scared.

Talk about how it can be confusing and scary to be in the dark. What else makes you feel like that?

